

*"Committed to His Will,  
His Way, and His Word"*



# Mount Olive Baptist Church Announcements FEBRUARY 14, 2021

*Celebrate*  
**BLACK  
HISTORY  
MONTH**

## Our Vision Statement

<sup>18</sup>"The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the broken-hearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; <sup>19</sup>To proclaim the acceptable year of the LORD." Luke 4:18-19 (NKJV)

It is the vision of Mount Olive to be a church that is intentional in its efforts to identify and meet the needs of broken, hurt and oppressed people in the greater Glen Allen area through the message and ministry of Jesus Christ.

### MOBC CORE VALUES

1. Radical Hospitality
2. Passionate Worship
3. Intentional Faith Development
4. Risk-Taking Mission & Service
5. Extravagant Generosity

## Sunday School

8:30 AM

Lesson:

**"Mary Magdalene: A Faithful Disciple"**

Luke 8:1-3; Mark 15:40; John 20:10-18

**Teacher:** Rev. Robert Williams

Call in Number      Access Code  
**1-605-472-5412      AC 229743**

### Intercessory Prayer via Conference call:

Wednesdays — 6:00 AM - 7:00 AM

**Call in Number: 1-978-990-585**  
**Access Code: 8837843**

Your giving is important and needed.

### **3 Ways to Give**

Online Giving Link:

<https://www.mobcva.org/give>

**online  
GIVING**  
easy. fast. effective.

TEXT2GIVE

Mail in:

8775 Mt. Olive Ave., Glen Allen, VA 23060

**2021 Theme:  
THE YEAR OF**



**Matthew 5:16 (NKJV)**

*<sup>16</sup>"Let your light so shine before men, that they may see your good works and glorify your Father in heaven."*

### **FEBRUARY PREACHING SERIES "From Burnout to Productivity"**

- 1st Sunday - Physical Burnout
- 2nd Sunday - Relational Burnout
- 3rd Sunday - Emotional Burnout
- 4th Sunday - Spiritual Burnout

## Today At Mount Olive

*Morning Worship Service*

*VIA Live Stream*

**10:00 AM**

## This Week At Mount Olive



**Monday, Feb. 15th**

Church Office & Buildings Closed

**Ash Wednesday Worship Service**

via Live Stream @ 7:00 PM

**Guest Preacher:**

Rev. Barbara J. Wynn, Pastor  
Unity Baptist Church, Richmond, VA

**Guest Psalmist:**

Sis. Stacie Brown  
Brown Grove Baptist Church, Ashland, VA



# MOBC COMMUNITY NEWS!!



Season of  
**Epiphany**

January 7 — February 25, 2021

The Pulpit Attire is Green

The color for Epiphany is **GREEN**. The color **GREEN** stands for life and growth. The color of the table cloth on the Communion table and podium are changed to **GREEN** to indicate the season. The "pulpit dress" is changed according to the season of the Christian Calendar.



## Theme For This Quarter:

"CALL IN THE NEW TESTAMENT"

This quarter examines God's call in stories from the New Testament. The greatest call came to Jesus. Other calls in the New Testament led to the extension of Christian ministry into the world.

### UNIT 3 \* THE CALL OF WOMEN

This five-week study highlights women in ministry. The first lesson focuses on prophesying women mentioned in the New Testament. The second lesson focuses on the Samaritan woman's evangelistic ministry. Lesson 3 explores Mary Magdalene's call to unwavering discipleship. Lesson 4 gives an opportunity to study the impact of Priscilla's ministry. The final lesson focuses on Lydia's call to service and hospitality.

#### NEXT WEEK'S LESSON:

February 21, 2021

#### "Priscilla: Called to Minister"

Acts 18:1-3, 18-21, 24-26; Romans 16:3-4

Encounters that bring together people with similar gifts and talents can lead to greater opportunities for service in other arenas. How can common traits or experiences lead to meaningful engagement in ministry or service. Priscilla and Aquila shared their tent-making business with Paul, and Paul shared his ministry of the Gospel with them.

- \* **MONDAY: Paul Reflects on His Ministry**  
2 Timothy 4:9-18
- \* **TUESDAY: Greetings to Saints in Jesus Christ**  
Colossians 4:7-15
- \* **WEDNESDAY: The Holy Kiss Strengthen Ministry Bond**  
2 Corinthians 13:11-13; 1 Thessalonians 5:23-28
- \* **THURSDAY: Ministry Shifts from Jews to Gentiles**  
Acts 18:4-11
- \* **FRIDAY: Roman Official Refuses to Settle Dispute**  
Acts 18:12-17
- \* **SATURDAY: Greetings to All Sisters in Ministry**  
Romans 16:1-2, 6-7, 12-13, 16
- \* **SUNDAY: Priscilla, Key Outreach Minister**  
Acts 18:1-3, 18-21, 24-26; Romans 16:3-4



#### Sermon Highlights

February 7, 2021

**Title:** "From Burnout to Productivity: Physical Burnout"

**Text:** 1 Kings 19:1-8

**Main Idea:** Physical burnout is reaching the point where you're physically unable and unwilling to continue. Elijah experienced burnout but God's grace, provision, and faithfulness were burning for Elijah. Jesus helps us to move from physical burnout to productivity in three ways. Jesus shows us how to:

- Main Points:**
- 1) Embrace limitations.
  - 2) Live on the offensive.
  - 3) Have expectations of others.

## HOW TO ACCEPT JESUS CHRIST INTO YOUR HEART

Perhaps while reading the announcements you realized you have never made a Christian commitment. Don't delay that decision! We encourage you to embrace God's love today and receive the salvation that only Jesus Christ gives. Here are five simple steps you can take to find assurance of salvation.

1. **Recognize your need.** The Bible tell us that "all have sinned and fall short of the glory of God." (Rom. 3:23) All of us are sinners, and we must admit our need for a Savior.
2. **Repent of your sins.** Our sins create a wall that separates us from God. By confessing our sins and turning from them, you will find forgiveness. The Bible promises: "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).
3. **Believe in Jesus.** God sent His only Son to die so that He could pay for all our sins. Put your faith in Him and believe in His power to save you. The Bible says, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16).
4. **Receive His salvation.** God has given us a great gift in His Son, but we must receive His gift. Thank Him for loving and forgiving you, and ask Him to live in your heart. His promise to us is clear: "But as many as received Him, to them He gave the right to become children of God" (John 1:12).
5. **Confess your faith.** The Bible assures us: "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved" (Rom. 10:9). You have been born again and are now part of God's family. Tell some one else what Jesus has done in your life!

**Heavenly Father,** I now understand my need to have my sins forgiven. I also realize that only Jesus — because of His sacrifice on the cross — can forgive my sin. I put my faith and trust in Jesus today. Please forgive me and become the Lord of my life.

## "What We Believe" Article of Faith of the Month



### XVIII. THE WORLD TO COME.

We believe the Scriptures teach that the end of the world is approaching; that at the last day, Christ will descend from heaven, and raise the dead from the grave for final retribution; that a solemn separation will then take place; that the wicked will be adjudged to endless punishment, and the righteous to endless joy; and that this judgment will fix forever the final state of men in heaven or hell, on principles of righteousness.

# MOBC COMMUNITY NEWS!!

## February EVENTS

- Feb. 23 Men's Productivity Fellowship Group**  
via zoom at 7:00 PM
- Feb. 24 No Wednesday Evening Bible Study**
- Feb. 25 Senior Adults Productivity Fellowship Group**  
via Dial In @ 7:00 PM
- Feb. 25 Young Adults Productivity Fellowship Group**  
via zoom @ 7:00 PM
- Feb. 26 Women's Productivity Fellowship Group**  
via zoom @ 7:00 PM
- Feb. 27 USDA Household Food Distribution**  
Drive Thru @ 12:00 PM

## CROWNING ACHIEVEMENTS Children and Youth in Grades K-12



We would like to acknowledge all children and youth for their 1st nine weeks of the school year achievements. Please forward all Crowning Achievements for the 1st nine weeks to Rev. Kelly at [youthmin@mobicva.org](mailto:youthmin@mobicva.org), by February 21st.

## Teen Sunday School

Join us every Sunday for Teen Sunday School via Zoom at 12:30 PM.

Join Zoom Meeting - Copy Link

<https://us02web.zoom.us/j/89470810266?pwd=U1ZVM08xMzcra3FPMWwrV2pyR2MzUT09>

Meeting ID: 894 7081 0266 Passcode: 945983  
Dial In #: 1 (301) 715-8592



## INTERCESSORY PRAYER Sick & Shut-ins

*Behold, I am the LORD, the God of all flesh. Is there anything too hard for Me?*  
Jeremiah 32:27

Robert Ashe  
Grace Baker  
Ingrid Bobcomb  
Keith Davis  
Dea. Kevin Dunigan  
Louise Jones



Dwight Perkins  
Starr Rhodes  
Alma Tarry  
Mable Williams  
Craig Yates

## LENT: A season of preparation



*Let light shine out of darkness*

## A PERIOD OF FASTING and PRAYER

Mark 9:14-29

1. Fasting is more than mere self-denial or abstinence, but it does involve both. It is abstinence with a spiritual goal in mind. Fasting is abstinence from anything that hinders our communion with God.
2. Fasting usually involves setting aside food. However, you can also fast from activities such as watching television or surfing the Internet. The idea is to devote the time we would ordinarily spend on these activities to prayer and waiting before the Lord.
3. Fasting is about sacrificing that which gratifies the flesh in order to make an investment in that which builds up the spirit.
4. Fasting disciplines our spirits toward the things of the Father. When the time came for Jesus to seek direction concerning His ministry, He spent time fasting and praying. Though Christ was closer to God than anyone on earth, He still found it necessary to go this extra mile.
5. Fasting does not impress God with our spirituality to the point that He ignores our sin. On the contrary, genuine fasting will always cause us to examine our hearts to make sure everything is right with Him.



## Bereavement Support

Being mindful of your grief during this time of the year remember:  
**You Are Not Alone!**

For those who are experiencing grief, the Bereavement Support Ministry is here to assist you and your family through your stages of grief. Also, we are seeking new members to join our Bereavement Support Ministry. Interested persons should contact Rev. Dr. Jimmie L. Walker, Sr. Chair @ 804-721-2487 or email - [pastorjlwsr@gmail.com](mailto:pastorjlwsr@gmail.com)

## COMMUNITY FOOD GIVEAWAY SCHEDULE

### DRIVE THRU FOOD DISTRIBUTION

**WEDNESDAYS**  
11:00 AM - 11:30 AM

**SATURDAYS**  
12:00 PM

Zip Codes: 23227, 23228, 23059 & 23060

Due to the Coronavirus Pandemic our community food distribution will be drive-thru.

**Free to All !**





**Est. 1867**

**Mount Olive Baptist Church**  
8775 Mt. Olive Avenue  
Glen Allen, VA 23060  
Phone: (804) 262-9614 Fax: (804) 262-2397



## CHURCH STAFF Directory

Rev. Darryl G. Thompson, Pastor  
(804) 495-5951 (C)

**E-mail: (Pastor) - [pastorthompson@mobcva.org](mailto:pastorthompson@mobcva.org)**

Church Administrator: Sis. Martha Styles

**E-mail: [Churchadm@mobcva.org](mailto:Churchadm@mobcva.org)**

Administrative Assistant: Rev. Allison D. Roldán

**(Office E-Mail) - [Secretary@mobcva.org](mailto:Secretary@mobcva.org)**

Director of Christian Ed.: Rev. Deborah A. Simmons

**E-Mail: [ChristianEd@mobcva.org](mailto:ChristianEd@mobcva.org)**

Minister of Children/Youth: Rev. Kelly A. Evans

**E-Mail: [Youthmin@mobcva.org](mailto:Youthmin@mobcva.org)**

Financial Secretary:

**E-Mail: [Finance@mobcva.org](mailto:Finance@mobcva.org)**

Custodian (Day): Bro. Howard Williams  
(804) 350-5097

Custodian (Evening): Mr. Jerome Allsbrooks  
(804) 350-2283

**Office Hours:**  
Monday - Friday  
9:00 a.m. - 5:00 p.m.

**Pastor's Appointment Hours:**  
Monday - 2:00 p.m. - 7:00 p.m.  
Tuesday - 10:00 a.m. - 3:00 p.m.

### ANNOUNCEMENTS DEADLINE:

Deadline for bulletin and media information is 12:30 p.m. each Wednesday. Please email information to:

**[Secretary@mobcva.org](mailto:Secretary@mobcva.org)** or call the church office at (804) 262-9614.

*Thank you!*

Thanks and appreciation have been expressed by:

**Sis. Margo J. Thaniel**

**Bro. Charles Spurlock**

All thank you acknowledgements are posted on the bulletin board outside of the church office.

### On Call February 2020

#### Deacon on Call

Calvin Gay.....262-9697

Alvin Roane.....262-4246

#### Deaconess on Call

Brenda Baskfield.....527-0226

Daphne Johnson..... 690-2008

#### Trustee on Call

Lee Pritchett.....553-1472

Robin Roane.....262-4246

James Debnam.....306-4038

#### Associate Minister on Call

Rev. Dr. D. Mack-Tatum....266-7663

#### Bereavement Support on Call

Sis. Sandy Morris.....304-3028

VIEW MOUNT OLIVE WEEKLY  
ANNOUNCEMENTS ON  
THE WEB

Go to:

[www.mobcva.org](http://www.mobcva.org)

Then click on Weekly  
Bulletin.



**online  
GIVING**  
easy. fast. effective.

TEXT2GIVE

Find us on  
**Facebook**

**You  
Tube**

**twitter**



### Children's Church

**February 14, 2021**  
**via Zoom @ 10:00 AM**

**CANCELLED UNTIL FURTHER  
NOTICE.**



**Nursery** open for children  
3 months to age 6 during Worship Service

### Teen EXPERIENCE

**2nd, 3rd & 5th Sunday's**  
**Ages 12-18**



**CHOIR**  
**Rehearsals**



**CANCELLED**  
**UNTIL FURTHER NOTICE**

### Enter His Gates with Thanksgiving and His Courts with Praise....

Psalm 100:4

Please Reverence the House of God:

- \* Enter to Worship
- \* Connect with the Spirit of God
- \* Meditate on God's Word
- \* Focus on God's Glory
- \* Welcome God's Presence
- \* Invite God into your life today
- \* Honor God with the fruit of your lips.

*Let all things be done decently and in order. 1 Corinthians 14:40*

**Please refrain from eating, drinking and talking on cell phones  
in the sanctuary.**

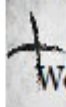
# LENT 2021

Daily Bible Reading



A season of Reflection, Renewal, and Preparation

## February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			17  Ash Wednesday	18 <u>Matthew 1-3</u>	19 <u>Matthew 4 - 6</u>	20 <u>Matthew 7 - 9</u>
21 <u>Matthew 10 - 12</u>	22 Take a Break	23 <u>Matthew 13 - 14</u>	24 <u>Matthew 15 - 16</u>	25 <u>Matthew 17- 18</u>	26 <u>Matthew 19 - 20</u>	27 <u>Matthew 21- 22</u>
28 <u>Matthew 23 - 24</u>	<b>March 2021</b>					
	1 Take a Break	2 <u>Matthew 25 - 26</u>	3 <u>Matthew 27- 28</u>	4 <u>Mark 1 - Mark 3</u>	5 <u>Mark 4 - Mark 6</u>	6 <u>Mark 7- Mark 9</u>
7 <u>Mark 10 - Mark 12</u>	8 Take a Break	9 <u>Mark 13 - Mark 14</u>	10 <u>Mark 15 - Mark 16</u>	11 <u>Luke 1- Luke 3</u>	12 <u>Luke 4 - Luke 6</u>	13 <u>Luke 7 - Luke 9</u>
14 <u>Luke 10 - Luke 12</u>	15 Take a Break	16 <u>Luke 13 - Luke 14</u>	17 <u>Luke 15 - Luke 16</u>	18 <u>Luke 17- Luke 18</u>	19 <u>Luke 19 - Luke 20</u>	20 <u>Luke 21 - Luke 22</u>
21 <u>Luke 23 - Luke 24</u>	22 Take a Break	23 <u>John 1- John 2</u>	24 <u>John 3 - John 4</u>	25 <u>John 5 - John 6</u>	26 <u>John 7- John 8</u>	27 <u>John 9 - John 10</u>
28 <u>John 11 - John 12</u>	29 Take a Break	30 <u>John 13 - John 14</u>	31 <u>John 15 - John 16</u>	1 <u>John 17 - John 18</u>	2 <u>John 19 - John 20</u>	3 <u>John 21</u>

**CELEBRATE THE SAVIOR**

April 4, 2021

RESURRECTION  
**SUNDAY**

HE IS  
**RISEN**



# Are you interested in Natural Ways to Improve your Immune System?

Please join the Mount Olive Healthcare Ministry  
For

## Immune Boost

**When:** Saturday, February 27, 2021

**Time:** 10:00 – 11:15 am

**Where:** In the comfort of your home via Zoom

**Presenter:** Fonda Neal, Certified Natural Health Professional

**Cost:** This event is free and open to the public

You may **register for this event** by sending an email to Stacy Jones at  
Healthcare@mobcva.org no later than **Friday, February 26, 2021.**

**This event will be recorded**

Maximum Capacity – 100 Attendees

MOBC HEALTHCARE MINISTRY





The Beyond! Conference is back for 2021. Join leaders, volunteers and staff from hundreds of churches and nonprofit organizations from across the country to learn best practices and to gain tools to take your ministry up, over, above and beyond!

This is a unique conference that provides practical tools and strategies to advance churches and organizations. You'll hear from leaders in the areas of Music and Arts, Church Operations, Christian Education, Communications, Community Impact and Christian Business. You will also learn best practices to evaluate operating methods and steps to take your ministry, small business or nonprofit to the next level.

The goal of the Beyond Conference is to empower leaders to hear, capture and implement a God-given vision in order to remain relevant and sustainable during the current pandemic and in the years to come.

**Date:** Saturday, June 19, 2021 – General Sessions and Workshops

**Time:** 8:30 AM – 2:30 PM

**Location:** This year's conference is being held virtually

**Hosted By:** First Baptist Church of Glenarden

**Registration for the conference is now open. There are 15 registration openings available on a first come first serve basis. To register please email Rev. Deborah Simmons @ [ChristianEd@mobcva.org](mailto:ChristianEd@mobcva.org) or call the Church Office at 804-262-9614. Registration deadline February 21, 2021.**

# February Health Segment



## **What is Insomnia?**

Insomnia is characterized by an inability to obtain an adequate amount of sleep to feel rested. It can be due to either difficulty falling or staying asleep. It may also result in waking earlier than desired. The sleep is often reported to be of chronically poor quality, light, and unrefreshing. As a result of this, people with insomnia suffer from daytime symptoms like poor attention, irritability, and reduced energy.

## **Fact**

Trouble falling or staying asleep could be a disorder.

The **National Institutes of Health** estimates that roughly 30 percent of the general population complains of sleep disruption, and approximately 10 percent have associated symptoms of daytime functional impairment consistent with the diagnosis of insomnia.

## **Causes**

Insomnia can be caused by unhealthy sleep habits, specific substances such as alcohol, nicotine and caffeine, certain biological factors, and psychiatric and medical conditions such as depression, anxiety, chronic pain, low back pain, nasal/sinus allergies, reflux, hyperthyroidism, arthritis, asthma, sleep apnea, restless leg syndrome, and stress.

Symptoms associated with insomnia include:

- Fatigue or daytime sleepiness
- Malaise (feeling unwell), Reduced energy or motivation
- Poor attention or concentration
- Impaired performance (errors, accidents)
- Headache, upset stomach, and chronic pain complaints

## **Diagnosis**

Insomnia is diagnosed usually based on a careful history alone. In some cases, a sleep log, multiple sleep latency test (MSLT), sleep-wake actigraphy, or a sleep study (polysomnogram) may provide corroborative evidence or be used to rule out other sleep conditions like circadian rhythm disorder or sleep apnea.

## **Treatment**

If insomnia results in disrupted daytime function, especially if it persists chronically, it may require treatment. Treatment options include cognitive behavioral therapy, aromatherapy, stimulus control. Additional tips to combat insomnia include create a relaxing environment 30 minutes prior to bed such as dimming lights, disconnect from close-range electronic devices such as laptops, phones, and tablets, as the light from their screens can alert the brain and make it harder to fall asleep, avoid daytime naps, wake up the same time each day.

For more on the information, visit <https://www.verywellhealth.com/> or [www.sleepfoundation.org/sleep-disorders/insomnia](http://www.sleepfoundation.org/sleep-disorders/insomnia)





# Questions Regarding the COVID 19 Vaccine?

Please join the Mount Olive Healthcare Ministry  
and  
the Henrico and Richmond Health Districts for a Virtual Presentation

**When:** Wednesday, February 17, 2021

**Time:** 3:30 PM – 4:30 PM

**Cost:** This event is free to the public

To tailor the presentation to your needs, the Henrico and Richmond Health Districts are asking attendees to submit their questions prior to the event. Please email your questions to Stacy Jones at [smjonesmsn@gmail.com](mailto:smjonesmsn@gmail.com), **no later than Friday, February 12, 2021**. You may also **register for this event** by sending an email to Stacy Jones at the address above.

**This event will be recorded**

Maximum Capacity – 100 Attendees

# YMCA OF GREATER RICHMOND COMMUNITY CONVERSATION

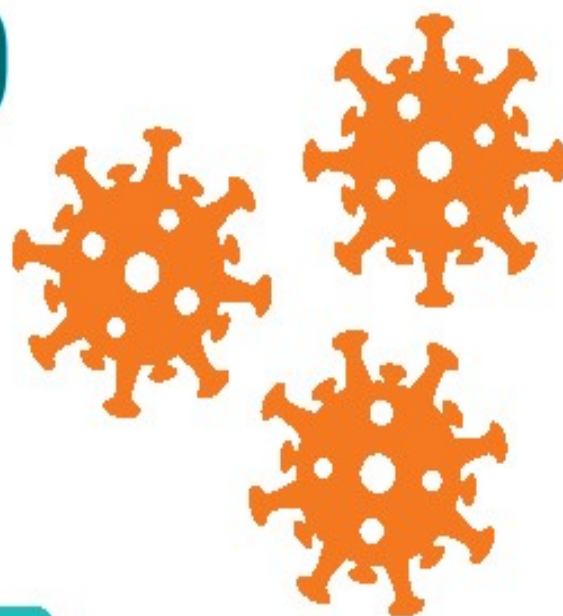
## COVID-19 VACCINE



**HENRICO COUNTY**  
HEALTH DISTRICT



**RICHMOND CITY**  
HEALTH DISTRICT



**January 27 • February 8 and 17**  
**VIRTUAL EVENT**

The YMCA OF GREATER RICHMOND will be hosting the Richmond and Henrico Local Health Districts to discuss the new COVID-19 vaccines with health care experts. This 1-hour virtual event will include information regarding the vaccine and who should consider receiving it along with an opportunity for Q&A.

This FREE event requires pre-registration to receive the virtual event link.



**Wednesday, January 27 • Noon – 1 p.m.**  
[bit.ly/covid-jan27](https://bit.ly/covid-jan27)



**Monday, February 8 • 5:30 – 6:30 p.m.**  
[bit.ly/covid-feb8](https://bit.ly/covid-feb8)



**Wednesday, February 17 • 5 – 6 p.m.**  
[bit.ly/covid-feb17](https://bit.ly/covid-feb17)

